

## PREPARE YOURSELVES!

Follow our Solidarity Calendar on [Facebook](#) and [Instagram](#)! Visit: [devp.org/lentcalendar](http://devp.org/lentcalendar) for more info.

Place our Solidarity Jar sticker on a recycled container and use it to collect money during Lent, which you can then donate to Development and Peace!

When you see these icons:



go to [devp.org/lentcalendar](http://devp.org/lentcalendar)

Teachers, each Friday, explain the weekend actions so your students know what to do at home!

# Solidarity Calendar

**February 26**

**Ash Wednesday**  
Let's honour our loving Creator God and care for our common home.



**February 27**

Watch our animated video *For our Common Home*. What can you do to care for the Earth and its peoples?



**February 28**

Do you buy things you don't need? Learn the difference between needs and wants so you can be a smart consumer! Explore this theme through our fun group activity!



**February 29**

Can you reduce your use of disposable packaging (even recyclables)? **Donate 25¢** for every item in your recycling bin.



**March 1**

**1<sup>st</sup> Sunday of Lent**  
Lord Jesus, be with us in our commitment to care for our common home and all its inhabitants.



**March 2**

**Catholic Social Teaching (CST)** is central to our faith and the work of Development and Peace. Each Monday, discover a CST principle and learn how it helps build the Kingdom of God.



**March 3**

Sign our **intergenerational pledge** for our common home! Let's all commit to living more simply.



**March 4**

Indigenous and traditional peoples in the Amazon are threatened for protecting their land and water. Let us pray for them.



**March 5**

Elementary school students are speaking up for the planet. Find out what they have to say!



**March 6**

The Amazon is home to 1/3 of the Earth's forests. How can we better protect our forests and their guardians?



**March 7**

**It's baking time!**  
With family and friends, make muffins and sell them in support of Development and Peace! Thank you!



**March 8**

**2<sup>nd</sup> Sunday of Lent**  
Lord Jesus, let us pray for the women who courageously defend the land, water and people. Learn about Berta Cáceres or Sr. Dorothy Stang.



**March 9**

**Preferential Option for the Poor**  
This means that we must prioritize those most in need of our solidarity.



**March 10**

Let's reduce food waste! Buy ugly fruits and vegetables. They are just as tasty! **Donate \$1** to your Solidarity Jar for your good deed!



**March 11**

"In 50 years, will we be able to breathe money, drink oil and eat gold?" This is what Yesica Patiachi, member of the Harakbut Indigenous community in Peru, is asking companies using the Amazon for profit. **Pray for ecological justice all over the world.**



**March 12**

Indigenous peoples believe that: **Mother Earth must be respected.** Learn more about the Harakbut's relationship with nature and their vision of the world.



**March 13**

Can you say: **nākatēyimātān kikāwīnaw askkī**? This means, "Let us take care of our Mother Earth" in Cree. What do you know about **Indigenous communities in Canada?**



**March 14**

The Amazon spreads over 9 countries. Development and Peace works in 6 of them. Visit our website to find out which ones and **give 50¢** for each country.



**March 15**

**3<sup>rd</sup> Sunday of Lent**  
Lord Jesus, help the whole human family care for our planet Earth, so that we may sow beauty rather than pollution and destruction.



**March 16**

**Human dignity**  
As God's children, we are all made in His image. This means we have an inherent dignity that must be respected no matter where we come from or how much money we have.



**March 17**

Simple changes can help reduce pollution and slow global warming. During Lent, avoid single-use plastics and buy in bulk. **Give 25¢** for every reusable bag your family owns.



**March 18**

The Indigenous Mura people in the Brazilian Amazon live by fishing, hunting and gathering. Their sustainable way of life is threatened by a Canadian-financed mine. Pray for them and their future.



**March 19**

The Muras are also threatened by cattle ranching. The buffalos are destroying their crops and polluting their waterways. Watch their testimonial.



**March 20**

The Muras were not asked when a company made plans to mine on their territory. How would you feel if this happened to you and your home?



**March 21**

**Give \$2** to support Development and Peace partners, such as REPAM and CIMI, who are helping poor communities have their rights respected.



**March 22**

**World Water Day**  
**4<sup>th</sup> Sunday of Lent**  
Lord Jesus, may your light offer strength to the Indigenous and traditional peoples of the Amazon. Please protect their drinking water from contamination by companies.



**March 23**

**Solidarity**  
Loving our neighbour has global dimensions. We are 'all in this together' and as such, we are all part of a human family that is interconnected. Development and Peace stands with our partners as equals.



**March 24**

In many countries, mining companies dump toxic chemicals into the water, which contaminates the soil where people grow their food. Some of the metals mined are in our electronic devices. For each one in your house, **give 50¢**.



**March 25**

The *seringueiros* are artisanal rubber tappers in Brazil who have lived in harmony with nature for decades. Their rubber trees are now being cut down by logging companies. Pray that their sustainable way of life is preserved.



**March 26**

The *seringueiros* are defending their land against illegal logging. Watch their message.



**March 27**

Climate change affects us all, but it is the poorest communities who suffer the most. We must buy less and use what we have. How can you live more simply?



**March 28**

In many countries, poor people have their land taken away. Our partner CPT in Brazil is helping them claim their right to have access to land. **Donate \$2** to show your support.



**March 29**

**Solidarity Sunday**  
Bring your jar of donations to mass today for the Solidarity Sunday collection or give online at [devp.org/give](http://devp.org/give). THANK YOU!



**March 30**

**Rights and Responsibilities**  
Each person has the right to access what they need to thrive, like water, food and shelter. We also have the responsibility to ensure those rights. And don't forget the rights of the Earth!



**March 31**

Would you like to grow your own tomatoes, eggplants or peppers this summer? Now would be the time to start your indoor seeding!



**April 1**

Everyone has the right to a dignified life. It is our responsibility to respect our neighbours and our common home. Pray that we may all live in dignity, peace and security.



**April 2**

Secondary school students are speaking up for the planet. Find out what they have to say!



**April 3**

Ask yourself, and those around you: **How are struggles of Indigenous peoples in the Amazon similar to those faced by Indigenous people here in Canada?**



**April 4**

Do you have enough toys? For your next birthday, ask for donations to Development and Peace to help our sisters and brothers in need in the Global South.

**April 5**

**Palm Sunday**  
Lord Jesus, give us the courage to be advocates for those who suffer unjust situations.

**April 6**

**Care for Creation**  
The Earth is sacred. We have a responsibility to protect and cherish its ecological diversity, beauty and life-sustaining properties. Together, we must hold it in trust for future generations.



**April 7**

Be inspired in your ecological conversion! Join our **Facebook group** *For our Common Home* for tips on how to live simply and in harmony with nature.



**April 8**

Our world is interconnected. The pollution from industrialized countries like Canada impacts people in the Global South. **Convert our hearts, O Lord, that we may consume less.**



**April 9**

**Holy Thursday**  
Did you know that Pope Francis wrote a letter about our common home? Learn more on his encyclical *Laudato Si'* by watching this animated video.



**April 10**

**Good Friday**  
Pope Francis is asking us to listen to the cry of the Earth and the cry of the poor. As we walk with Christ to Calvary today, let's reflect on how those cries are interconnected.



**April 11**

**Holy Saturday**  
Let us pray: "Thy kingdom come, Thy will be done on Earth as it is in heaven." Ask your parents if they'd like to become monthly Development and Peace donors to help build God's kingdom of justice and peace on Earth. [devp.org/shareyearround](http://devp.org/shareyearround)



**April 12**

**Happy Easter!**  
Alleluia, Alleluia.  
Lord Jesus, as we celebrate your rising, may we be a joyful Easter People, who help you usher in a kingdom where all may live the abundance of life.

Thank you for your solidarity!





# Meet Susan Mariela

14 years old

"Hi! My name is Susan Mariela and I'm from Puerto Luz, Peru, which is in the Amazon. I speak the Harakbut language and am happy to come from an Indigenous community. I like how different we are. The Amazon, for me, is important. It's where I come from and where I feel at home. I'm always surrounded by animals and fruit trees, and I'm constantly learning new things.

I can see that contamination is increasing and logging is becoming excessive. Oil extraction is also polluting our rivers. I think people don't realize they are hurting others with their actions. There are Indigenous people who go out and fish but find the waterways polluted. They can't find drinking water or places to wash.

I want us to protect nature. My community and I are asking that we all take care of the forest. Please spread the word and let others know about us. We Indigenous peoples need to ensure that our way of life will not be destroyed and our people will not become extinct."

*In Peru, Development and Peace – Caritas Canada is working with the Amazon Center of Anthropology and Practical Application (CAAAP) to protect the Amazon rainforest and the rights of its Indigenous communities.*

See what Susan Mariela and her peers at the Santa Cruz school in Puerto Maldonado, Peru, have to say about the Amazon and our common home.

## Let's play!

1. What are the threats to the Amazon? Circle all correct answers:

A. Cattle ranching

B. Industrial agriculture

C. Logging and deforestation

D. Mining

E. Hydroelectric dams

2. How can we live more simply? Colour in red what you and your family can do less or use less. Colour in green what you can try to do more often.

A Ride a bike

B Take your car everywhere

C Ride the bus

D Take a plane

E Eat lots of meat

F Eat local fruits and vegetables

G Take quick showers (and don't overfill your bath)

H Recycle your well-rinsed containers

I Update electronics as soon as you can

J Reuse - Repair

K Buy many things (more than you need)

L Waste leftover food

Answers: 1. A, B, C, D, E. 2. In red: B, D, E, I, K, L. In green: A, C, F, G, H, J.

## Draw your solidarity



As part of the *For our Common Home* campaign, we are asking Canadians to stand in solidarity with the Murs and the *seringueiros* of Brazil. **You are invited to sign our Solidarity Letter at [devp.org/act](http://devp.org/act), or draw your own message of solidarity.**

Scan or take a picture of your drawing and send it to: [action@devp.org](mailto:action@devp.org) by April 30, 2020.

The drawings will be published in a Flickr photo album and then given to the communities in **July 2020** by a Development and Peace youth delegation.



Share Lent 2020  Development and Peace CARITAS CANADA

Lent calls us to three actions: **praying, fasting, and almsgiving.**



### Praying

We pray to grow closer to God - the source of our strength and the inspiration for how we live in the world.



### Fasting

We fast from things that distract us from God, or make a sacrifice to give up things we enjoy.



### Almsgiving

We give alms because we are inspired by God's love for every part of His creation. We respond with charity - helping others in their need - and with justice - bringing transformation into systems, policies, and ourselves. We do this in participation with God, to build His kingdom on Earth.

# Solidarity Calendar



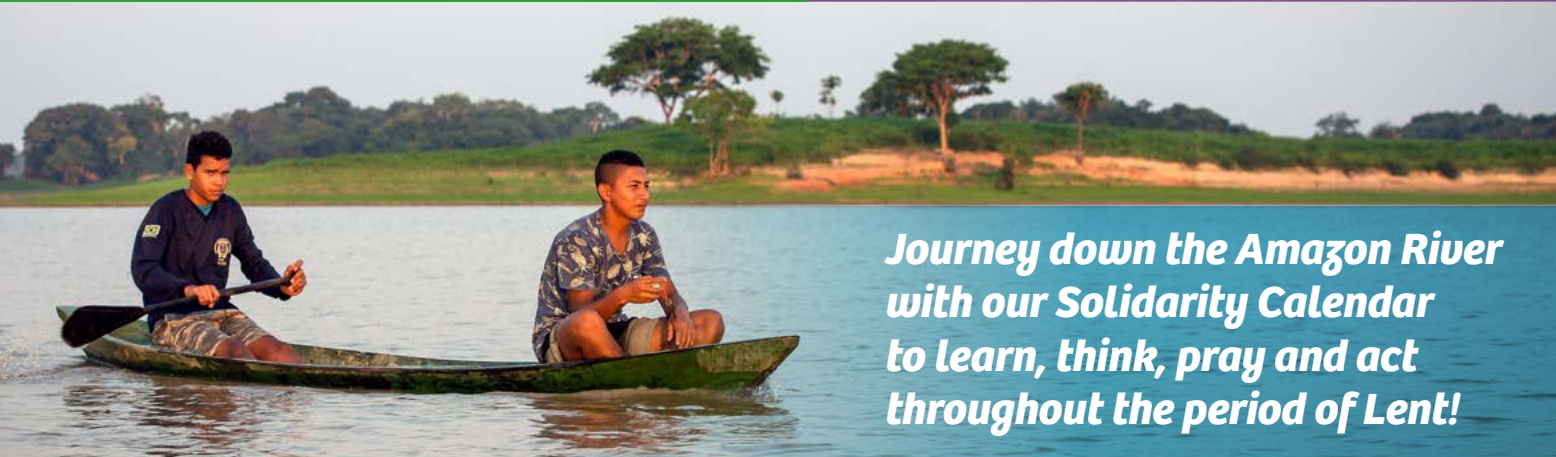
The Earth is full of beauty and wonder and of one of its natural wonders is the Amazon rainforest.

The Amazon is the largest tropical rainforest, spanning nine countries in South America. It is home to half of all living plants and animals on the planet, and to more than 30 million people, of whom three million are Indigenous. The Amazon also helps to cool the planet and plays an important role in limiting climate change.

Yet, the Amazon and its people are under threat. Big companies want its natural resources because they can sell them or use them to make other products. They are building highways and railroads, cutting down trees and polluting the waterways. Indigenous and traditional peoples are trying to protect the Amazon, which is important for all of us, but they are facing intimidation, persecution and violence.

This Lenten season, Development and Peace – Caritas Canada invites you to stand in solidarity with the guardians of the Amazon, as we care for our common home.

**Let's put our love for the world and our love for our neighbours into action by living in harmony and caring for nature.**



**Journey down the Amazon River with our Solidarity Calendar to learn, think, pray and act throughout the period of Lent!**